



Welcome Students!

Welcome to a new academic year at Southeastern Oklahoma State University. On behalf of the entire Dining Services Team, I would like to thank you for participating in our on-campus dining program. We are excited to introduce you to this year's repertoire of delicious meal options, which includes a contemporary, crowd-pleasing selection of many of your favorite foods along with some of our own tasty specialties.

This dining guide has been designed to act as a quick reference to all of our services, so keep it handy throughout the year and enjoy all that we have to offer. We look forward to serving you!

Your Sodexo Team

Dining Polices & Procedures

One of our main goals is to provide a pleasant, clean, comfortable and satisfying dining experience. In order to meet this goal, we ask for your assistance with the following procedures:

- Please bus your table when you have finished dining.
- Please refrain from taking food, dishes or utensils from the dining area.
- Remember that ID cards are non-transferable. ID cards cannot be used by anyone but the purchaser.
- You must present our ID card to receive meal service.

Campus Dining Meal Plans

In order to meet your campus dining needs, we have designed the following meal plans for the 2010-2011 academic year. If you need to purchase a meal plan, or if you would like to make a change to the plan you have already selected, contact Business Services in the lobby of Hallie McKinney.

All students living in residence halls are required to purchase a meal plan.

Meal Plan A: Enjoy any 19 meals per week plus \$100 Flex Dollars throughout the semester.

Meal Plan B: Enjoy any 14 meals per week plus \$100 Flex Dollars throughout the semester.

Meal Plan C: Enjoy any 10 meals per week plus \$100 Flex Dollars throughout the semester.

Meal Plan D: Enjoy any 225 meals per week plus \$100 Flex Dollars throughout the semester.

Meal Plan E: Enjoy any 165 meals plus \$100 Flex Dollars throughout the semester.

Meal Plan F*: Enjoy any 85 meals plus \$100 Flex Dollars throughout the semester.
**(Shearer Hall residents only)*

Additional Flex Dollars can be added when you sign up for your meal plan. By doing this you will save 10% on your purchase.

Having trouble selecting a meal plan? Try considering your daily routine... Do you eat three meals a day? Will your class schedule, studying, extracurricular activities and social events interfere with dining? Will you miss dinner due to employment or evening classes? Anticipating the answers to these and similar questions will help you to select a meal plan that best fits your lifestyle.

Flex Dollars For Commuters, Faculty and Staff

Commuters, Faculty, and Staff can save by purchasing Flex Dollars. Save \$1.29 off the cash price in the University Café by adding Flex Dollars to your ID. To take advantage of these savings go to the Business Services Office. When you present your ID card to the cashier your pricing will be:

Breakfast	\$4.80
Lunch	\$5.80
Dinner	\$5.80

The Perfect Time To Dine

Our dining program has been designed with you in mind. Flexibility, varied hours and a choice of dining options will enable you to find the perfect options at the perfect time. Please refer to our dining schedule when planning your meals.

University Cafe

Monday - Friday

Breakfast	7:30am - 9:00am
Continental Breakfast	9:00am - 10:00am
Lunch	11:00am - 2:00pm
Dinner	4:30pm - 7:00pm

Saturday & Sunday

Brunch	11:00am - 1:30pm
Dinner	4:30pm - 7:00pm



Featuring Your Favorites...!

Finding your favorite foods on campus is a snap. We are proud to offer a dining program and menu selections that entail just about every item you can imagine.

UNIVERSITY CAFE

Our dining program will certainly entice your taste buds. At breakfast we feature omelets made-to-order. When you stop in for lunch we will stir-fry your selection of fresh vegetables with beef, chicken or shrimp and ask you what combination of spices you would like. After it is cooked to perfection you can have it placed over steamed rice, wrapped up in a flavored tortilla or have it made into a mouthwatering quesadilla. For that home-cooked meal you will want to stop by the entrée line to check out our daily feature. Your culinary journey continues at our pizza station where you will enjoy pizza with all your favorite toppings. Stop by the grill and get a broiled cheeseburger on a toasted bun with homemade fries. The deli counter offers you a wide selection of meats, cheeses, sauces and toppings prepared to your request. Let us know if you want it hot or cold. Top it all off with our selection of tasty desserts, fresh baked cookies and chocolate or vanilla soft serve ice cream.

MAGNOLIA EATERY

The Magnolia Eatery is located adjacent to the University Café in the Student Union. For that quick "kick start" in the mornings we feature an assortment of breakfast pastries and fresh brewed coffee. For lunch we offer freshly made salads and sandwiches that are packaged for quick pick-up and go. Want a hot lunch? We feature quarter pound cheeseburgers, buffalo chicken wraps, beef or chicken quesadillas and much more.

The Magnolia Eatery is open when the University Café is closed and offers combo meals that will fill you up if you missed the dining period. The Magnolia Eatery also stays open later for mid-evening snacks and those prolonged student meetings. We accept Flex Dollars as well as the standard cash, or credit card. Stop by and let us serve you.

Monday - Thursday 7:30am - 9:00pm
Friday 7:30am - 2:00pm

Campus Dining Employment

Earn extra income while on campus, make friends, have fun and learn something by being a Campus Dining Services employee. We offer flexible hours to fit your class schedule, competitive wages and the benefit of working "close to home." Interested students should contact Sodexo at 580-745-2826.

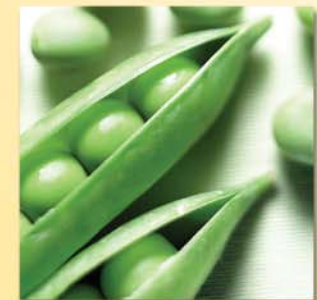
Call Us!

We invite and encourage you to call us anytime with questions, comments, or suggestions about our Campus Dining Program. Your feedback is always welcome as it can only help us to serve you better.

Sodexo Dining Services
580-745-2826

SOUTHEASTERN OKLAHOMA STATE UNIVERSITY

DINING GUIDE



Delights



2010-2011